

## Sarah Preston Ballet

Sarah Preston began dancing at the age of three. In addition to North County Academy of Dance and New West Ballet School, Sarah has received ballet training from other schools including Peridance (a Capezio Center), The Joffrey Ballet School and Anaheim Ballet. Some of Sarah's favorite past roles include Snow Queen, Dew Drop Fairy, Arabian Princess and French Marzipan in the Nutcracker; Principal in Les Sylphides; Soloist in Paquita and Coppelia; Pas de Trois in La Bayadere and Sleeping Beauty; Cheshire Cat in Alice and Wonderland, and a member of the Corps de Ballet in many other Nutcrackers and other classical ballets. In addition to her years of training in ballet, Miss Preston has received jazz, lyrical and contemporary training, all of which served her well as she was on Biola University's dance team during college.

In addition to dancing, Sarah has been teaching dance for over ten years in Southern California at locations including North County Academy of Dance, New West Ballet, Georgias School of Dance, San Diego Dance Center, Oceanside Dance Academy, The Royal Dance Academy, Thrive Dance Center and The Edge. Miss Preston is experienced in teaching beginning through advanced levels of ballet, lyrical, jazz and contemporary. She is also currently coaching JV dance at The Classical Academy High School. Having graduated from Biola University in Los Angeles with a Bachelors Degree in Physical Education she continued on with her graduate work and is now a credentialed teacher in Adapted PE. Miss Preston feels incredibly blessed to be teaching at North County Academy of Dance and is excited to see a love for dance grow in her students.