

Amy Cardwell, who started her dance training at the age of 8, has vast dance and competition experience in all the various disciplines. She has trained in Ballet, Pointe, Lyrical, Modern, Jazz, Tap, Contemporary, and Hip Hop from multiple studios throughout Arizona. Choreographing her own solos since the age of 14, she has found this to be her favorite and continued to do so leading to her teaching career. Amy has taught at several different studios in the West Valley for the past 15 years supplying many master classes and award winning competition numbers. After graduating with her Associates Degree for the Arts in 2012, she continued to work toward her Bachelor's Degree in Psychology at ASU to further her career. Currently, Amy lives in Fallbrook, California where she continues to teach and inspire the next generation.