

NCAD BNSL Schedule

MONDAY

A	B	C	D	E
	PTP 3/4 9:30-10:30 Cross Train			
	PTP 4 10:30-11:30 Rotation	PTP 3 10:30-12:30 Ballet Tech		PTP 5/6 10:30-11:30 Cross Train
PTP5 11:30-1:30 Ballet Tech/ Pointe	PTP 4 Ballet Tech 11:30-1:30			PTP 6 11:30-12:30 Rotation
		PTP 3 12:30-1:30 Rotation		PTP 6 12:30-2:30
PTP 5 1:30-2:30 Rotation			Acro 1 8+ 3:00-4:00	
	Legs & Leaps Adv 4:00-5:00	Ballet 1 7+yrs 4:00-5:00	Beg Acro 5+yrs 4:00-5:00	
Ballet 3 4:30-6:00	Lyrical 3 7+yrs 5:00-6:00	Lyrical 1 7+yrs 5:00-6:00	Acro 2 5:00-6:00	Lyrical 4 5:00-6:00
Ballet 4 6:00-7:30	Turns Beg/ Int 6:00-7:00	Ballet 2 6:00-7:00	Acro 1 8+ 6:00-7:00	Ballet 5/6 6:00-7:30
Beg. Pointe Pablo	Hip-Hop 5 7:00-7:45	Contemp 2 7:00-8:00	Acro 3 7:00-8:00	
	Adult Matt Hip-Hop 8:30-9:15	Teen Open Ballet 11+ 8:00-9:00		Lyrical 5 7:30-8:30

TUESDAY

A	B	C	D	E
		Tiny tots 9:30-10:00		
		Ballet/Tap Tumbling 3-5 yrs 10:00-11:00		
Adult Ballet 10:30-12:00		Beg Ballet 5-7 yrs 11:00-12:00		
		Ballet 2 12:00-1:00		
		Ballet 1 7+yrs 3:00-4:00		
		Beginning Jazz/Tap 5-7 4:00-5:00	Lyrical 2 4:00-5:00	
Ballet 4 4:30-6:00	NCYB 4:30-8:45	Beg Ballet 5-7 yrs 5:00-6:00	Legs&Leaps Beg/Int 5:00-6:00	Ballet 5/6 4:30-6:15
Ballet 1 7+yrs 6:00-7:00			Ballet 3 6:00-7:30	
Ballet 2 7:00-8:00		Hip-Hop 3/4 7:00-7:45		
		Boys HH 2 7:45-8:30		NCYB 6:15-9:30

NCAD BNSL SCHEDULE

WEDNESDAY

A	B	C	D	E
			Ballroom PTP 3/4 10:30-11:30	
	PTP 4 Ballet Tech/ Pointe 11:30-1:30	PTP 3 11:30-12:30 Lyrical	Ballroom PTP 5/6 11:30-12:30	
PTP 5 12:30-1:30 Lyrical		PTP 3 12:30-2:30 Ballet Tech		PTP 6 12:30-2:30 Ballet Tech
PTP5 1:30-3:30 Ballet Tech/ Pointe	PTP 4 1:30-2:30 Lyrical			PTP 6 2:30-3:30 Lyrical
Jazz 4 4:00-5:00	Kinderhop 5-7 yrs 4:15-5:00	Jazz 1 4:00-5:00	Ballet/Tap 4-6 yrs 4:00-5:00	Ballet 2 4:00-5:00
Contemp. 4 5:00-6:00	Hip-Hop 1 7+yrs- 5:00-5:45	Beg MT 6+ 5:00-6:00		Ballet 3 5:00-6:30
Jazz 3 6:00-7:00	Hip-Hop 2 5:45-6:30	Int Musical Theater 6:00-7:00	Acro 4 5:30-6:30	
Jazz 2 7:00-8:00	Hip-Hop 3 7:15-8:00	Adv. Musical Theater 7:00-8:00	Acro Workout Level 3-6 6:30-7:30	Pre-Pointe, Ballet 3
	Hip-Hop 4 8:00-8:45	Adult Jazz 8:00-9:00	Acro 5 7:30-8:30	Ballet 5/6 7:00-8:30

THURSDAY

A	B	C	D	E
Adult Ballet 10:30-12:00				
Adult Pointe				
Ballet 4 4:00-5:30	Choreographic Workshop 4:00-5:00	Kinderhop 5-7 yrs 4:15-5:00	Tap 4 4:00-5:00	Ballet 1 7+yrs 4:00-5:00
Beg. Pointe	Adv. Turns 5:00-6:00	Tap 1 7+yrs 5:00-6:00		Boys Ballet Class B3+ 5:00-6:00
Ballet 5 6:00-7:30	Int. Turns 6:00-7:00	Tap 2 6:00-7:00	Acro 6a 5:30-6:30	Ballet 6 6:00-7:30
Contemp 3 7:30-8:30		Tap 3 7:00-8:00	Acro Workout 6:30-7:30	
		Adult Int/Adv Tap 8:00-9:00	Acro 6b 7:30-8:30	Pas Class 7:30-8:30
				Contemp. 5 8:30-9:30

NCAD BNSL SCHEDULE

FRIDAY

A	B	C	D	E
	PTP 4 10:00-12:00 Contemp	Ballet/Tap Tumbling 3-5 yrs 10:00-11:00	PTP 3 10:00-12:00 Ballet Tech	
		Ballet/Tap Tumbling 3-5 yrs 11:00-12:00		
PTP 5 12:00-2:00 Ballet Tech/ Pointe	PTP 4 Ballet Tech/ Pointe 12:00-2:00		PTP 3 Contemp 12:00-2:00	PTP 6 12:00-2:00 Contemp
PTP 5 2:00-4:00 Contemp		Beg Ballet 5-7 yrs 3:00-4:00		PTP 6 2:00-4:00 Ballet Tech/ Pointe
	Hip-Hop 2 3:15-4:00			
Ballet 3 4:00-5:30	Boys HH1 4:00-4:45	Ballet 1 7+yrs 4:00-5:00	Ballet/Tap 4-6 yrs 4:00-5:00	Ballet 2 4:00-5:00
	Breaking HH 3+ 4:45-5:30			Contemp. 1 7+ 5:00-6:00
	Hip-hop 3 5:30-6:15	Hip-Hop 1 7+yrs- 5:30-6:15		
	Hip-hop Teen/Adult Adv 6:15-7:15			
Contemp 4/5 7:15-8:15				

SATURDAY

A	B	C	D	E
Ballet 5 9:00-10:30	Ballet 4 9:00-10:30	Ballet/Tap Tumbling 3-5 yrs 9:00-10:00	Beg Ballet 5-7 yrs 9:00-10:00	Ballet 6 9:00-10:30
		Ballet/Tap Tumbling 3-5 yrs 10:00-11:00	Ballet 2/3 10:00-11:00	
NCYB 11:30-2:00	Beg. Pointe 11:00-12:00	Ballet 1 7+yrs 11:00-12:00	Beg Acro 5+yrs 11:00-12:00	
	NCYB 12:00-1:30		Acro 1 8+ 12:00-1:00	
				NCYB 10:30-2:30